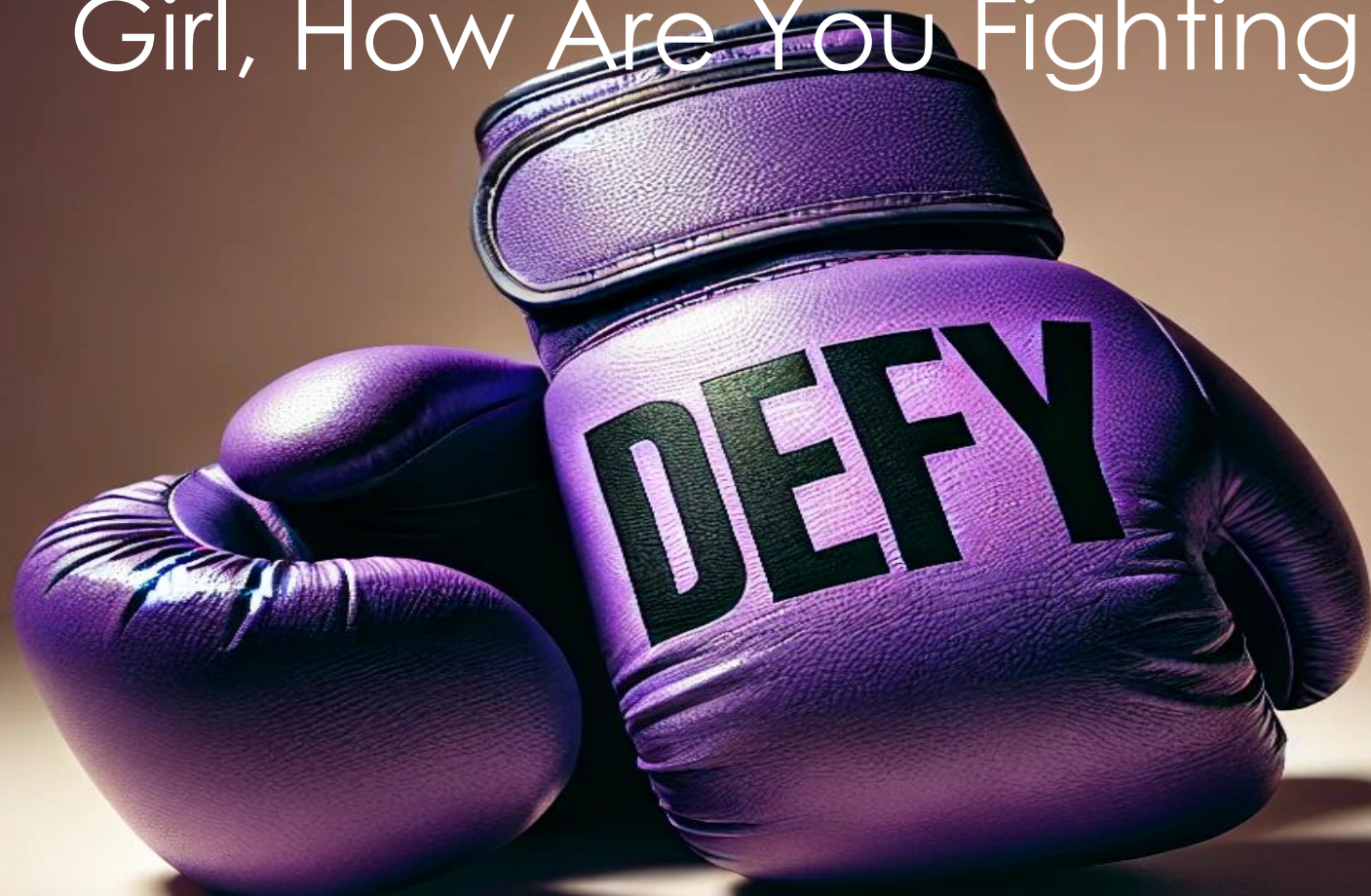


Girl, How Are You Fighting?

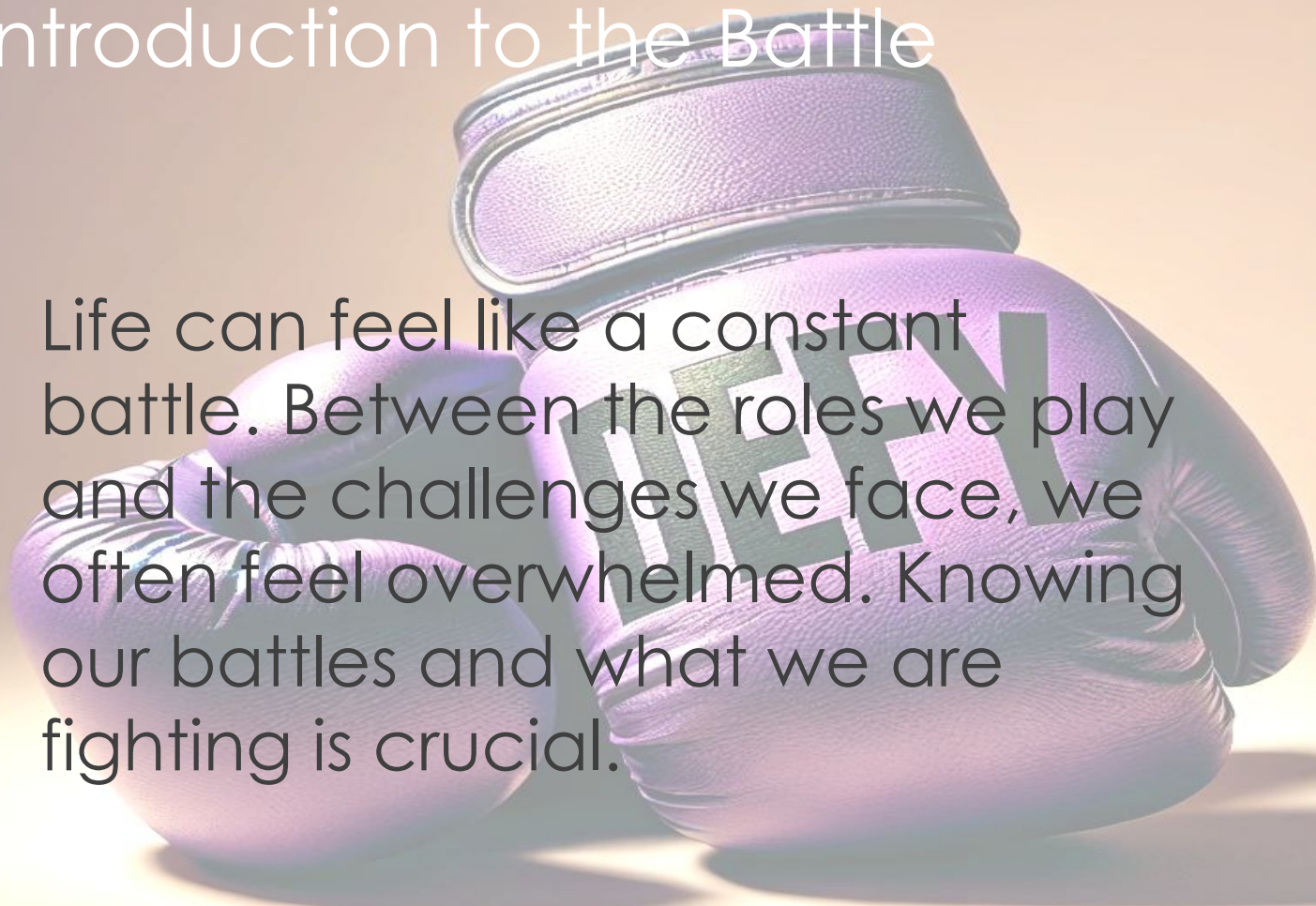


A JOURNEY TO KNOWING YOUR BATTLES

AND STANDING STRONG

Introduction to the Battle

- ▶ Life can feel like a constant battle. Between the roles we play and the challenges we face, we often feel overwhelmed. Knowing our battles and what we are fighting is crucial.



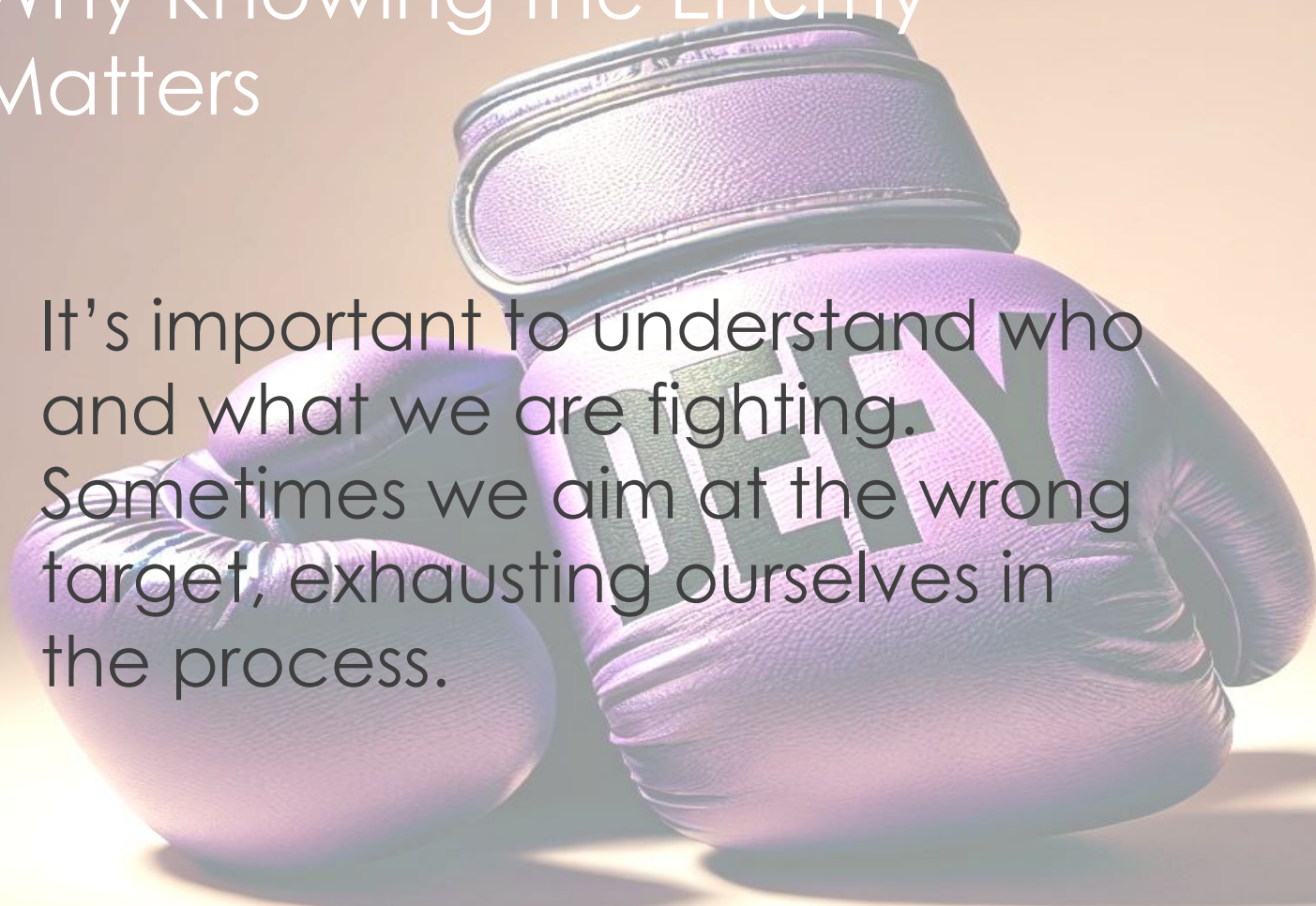
Introduction to the Battle

A pair of red boxing gloves is the central focus of the image. The gloves are positioned with one slightly behind the other, showing the side of the front glove. The word 'DEER' is printed in large, white, block letters across the back of the front glove. The background is a soft, warm gradient of orange and yellow, suggesting a sunrise or sunset. The lighting is soft, creating a gentle glow around the gloves.

- ▶ Life can feel like a constant battle. Between the roles we play and the challenges we face, we often feel overwhelmed. Knowing our battles and what we are fighting is crucial.
- ▶ “But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk and not faint.” - Isaiah 40:31

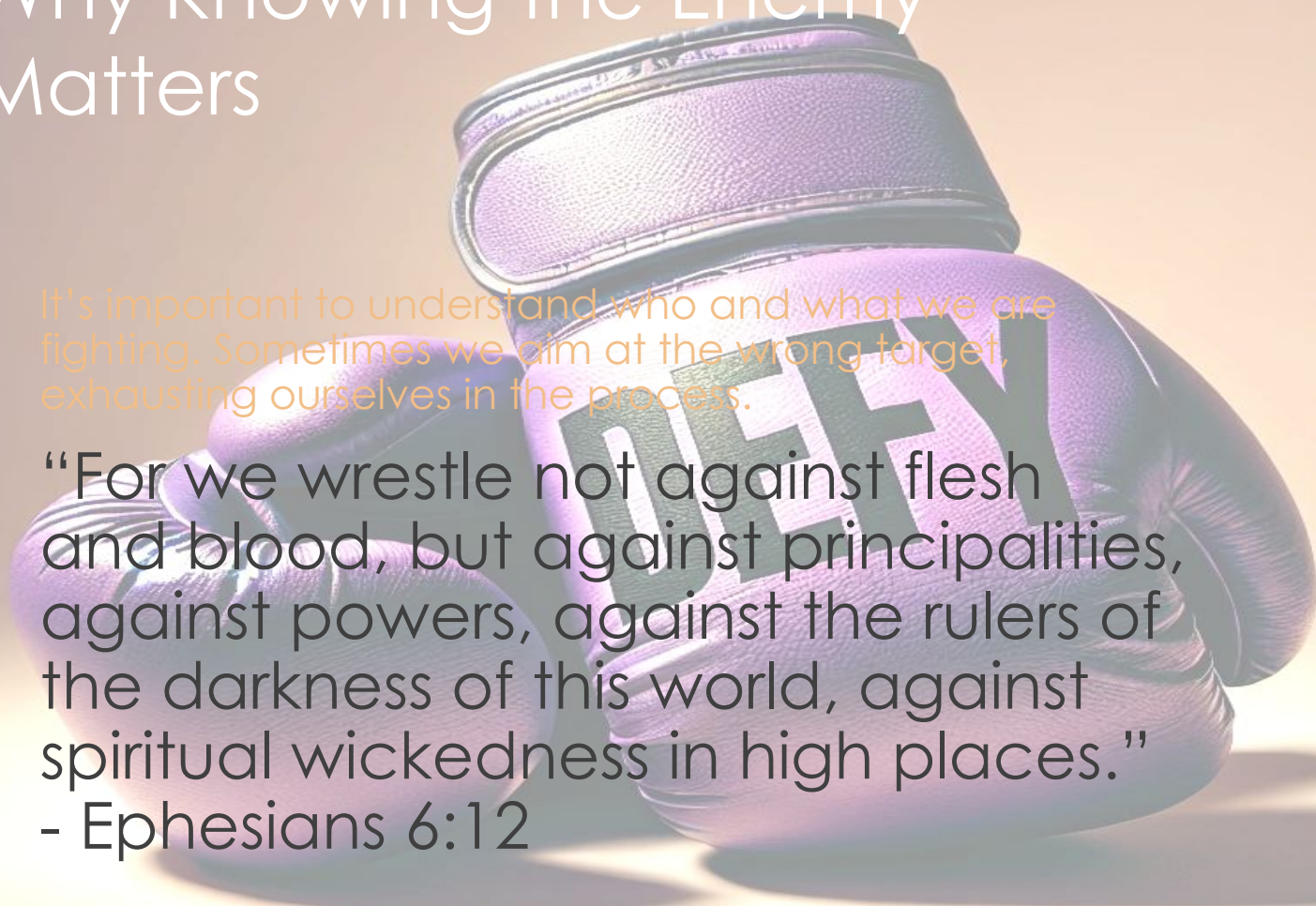
Why Knowing the Enemy Matters

- ▶ It's important to understand who and what we are fighting. Sometimes we aim at the wrong target, exhausting ourselves in the process.



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- ▶ It's important to understand who and what we are fighting. Sometimes we aim at the wrong target, exhausting ourselves in the process.
- ▶ “For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.”
- Ephesians 6:12



Types of Fighters

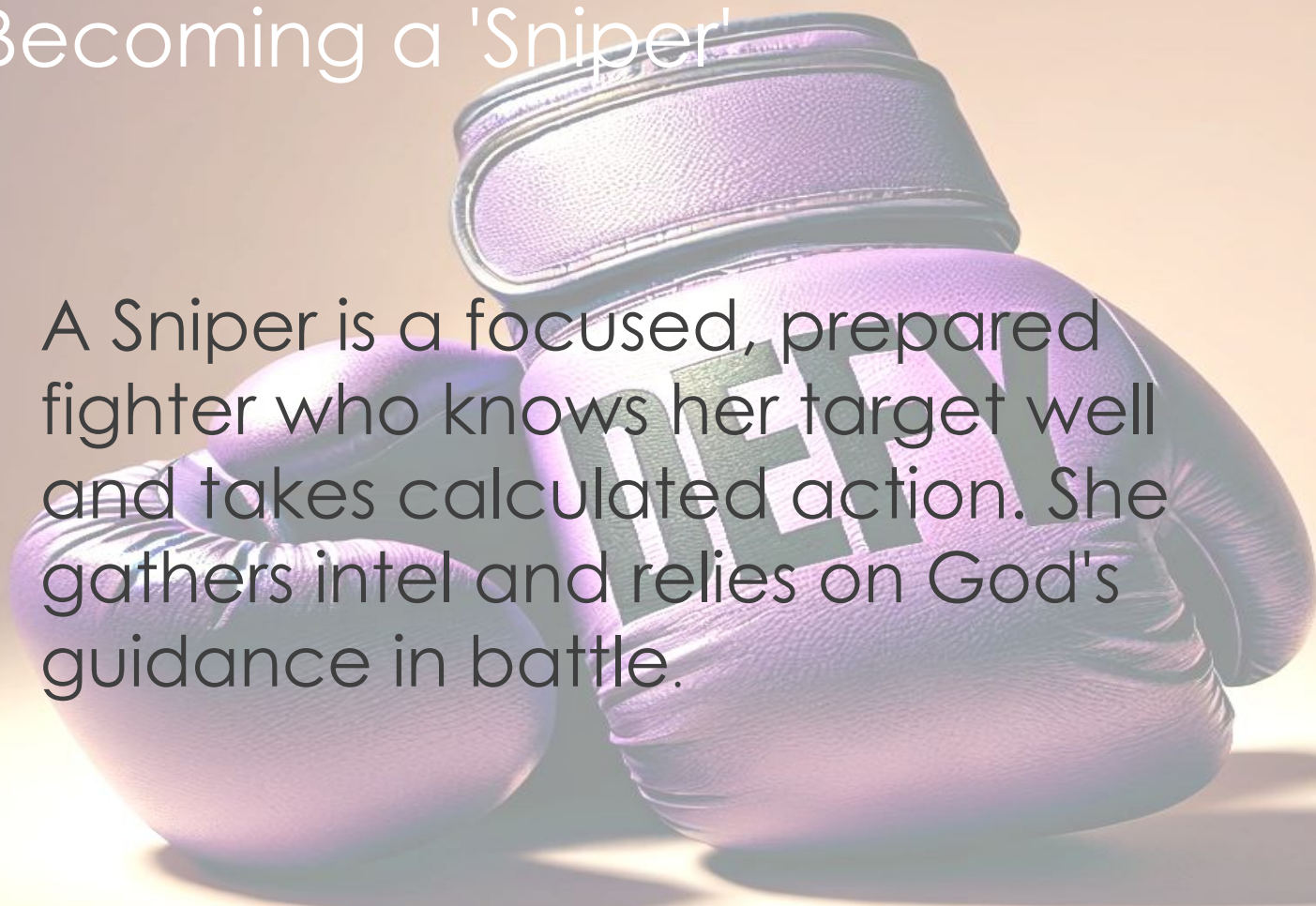
- ▶ Ineffective fighters often fall into three categories:
 - ▶ the Windmill Fighter,
 - ▶ the Ostrich Fighter, and
 - ▶ the Talk-too-much Fighter.

Each type represents a different approach to battles that can lead to exhaustion.



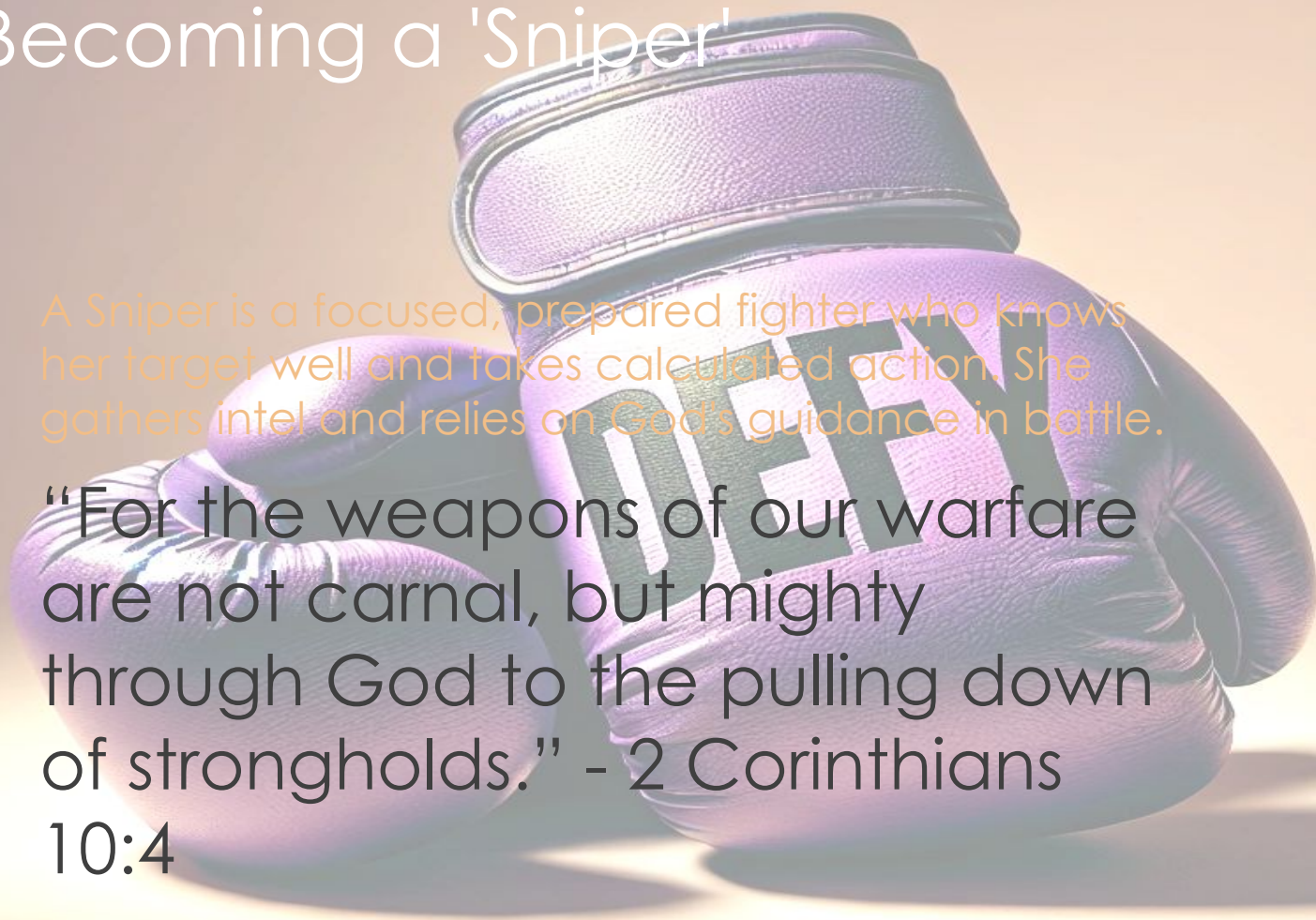
Becoming a 'Sniper'

- ▶ A Sniper is a focused, prepared fighter who knows her target well and takes calculated action. She gathers intel and relies on God's guidance in battle.



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- ▶ “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds.” - 2 Corinthians 10:4



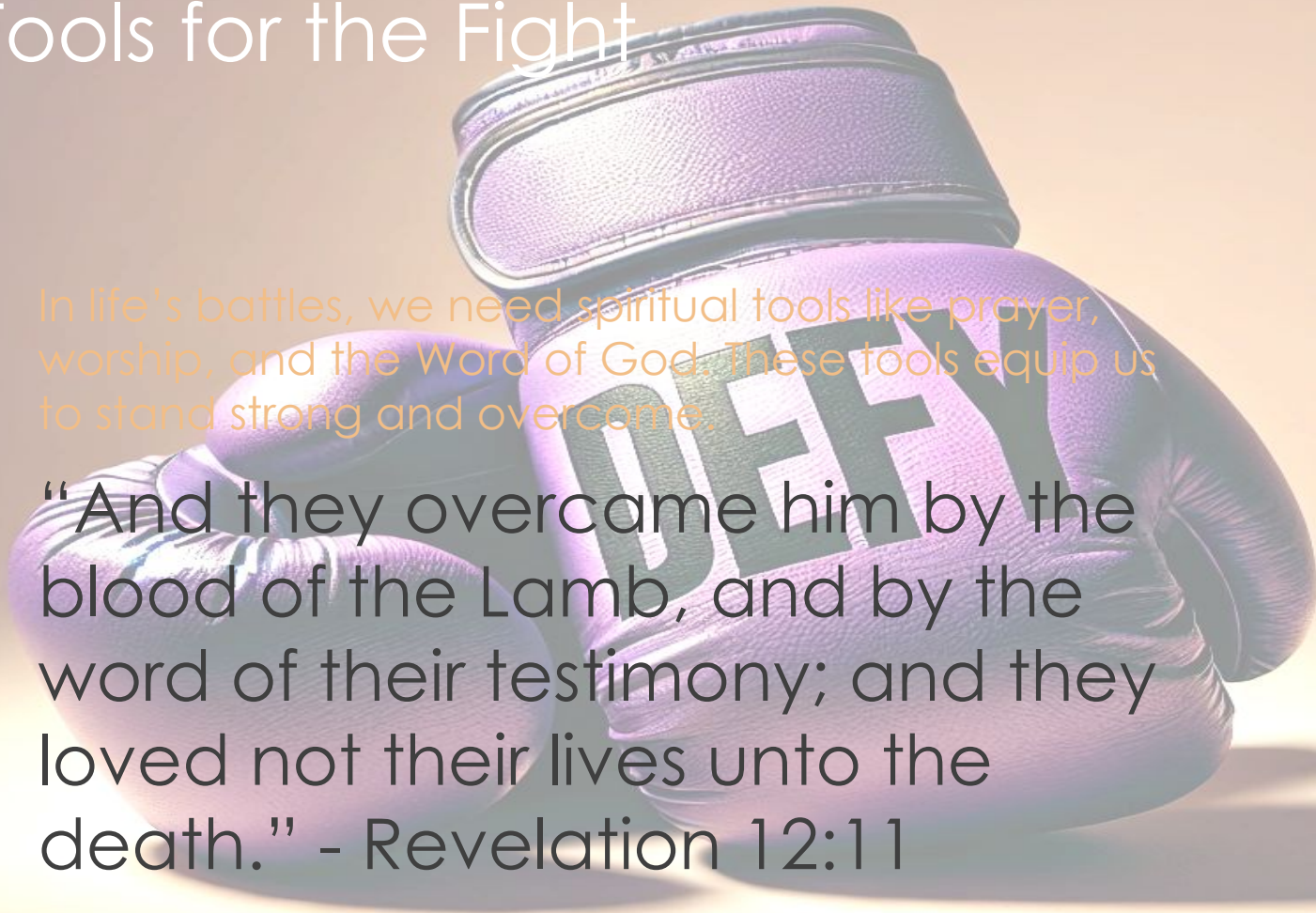
Tools for the Fight

- ▶ In life's battles, we need spiritual tools like prayer, worship, and the Word of God. These tools equip us to stand strong and overcome.



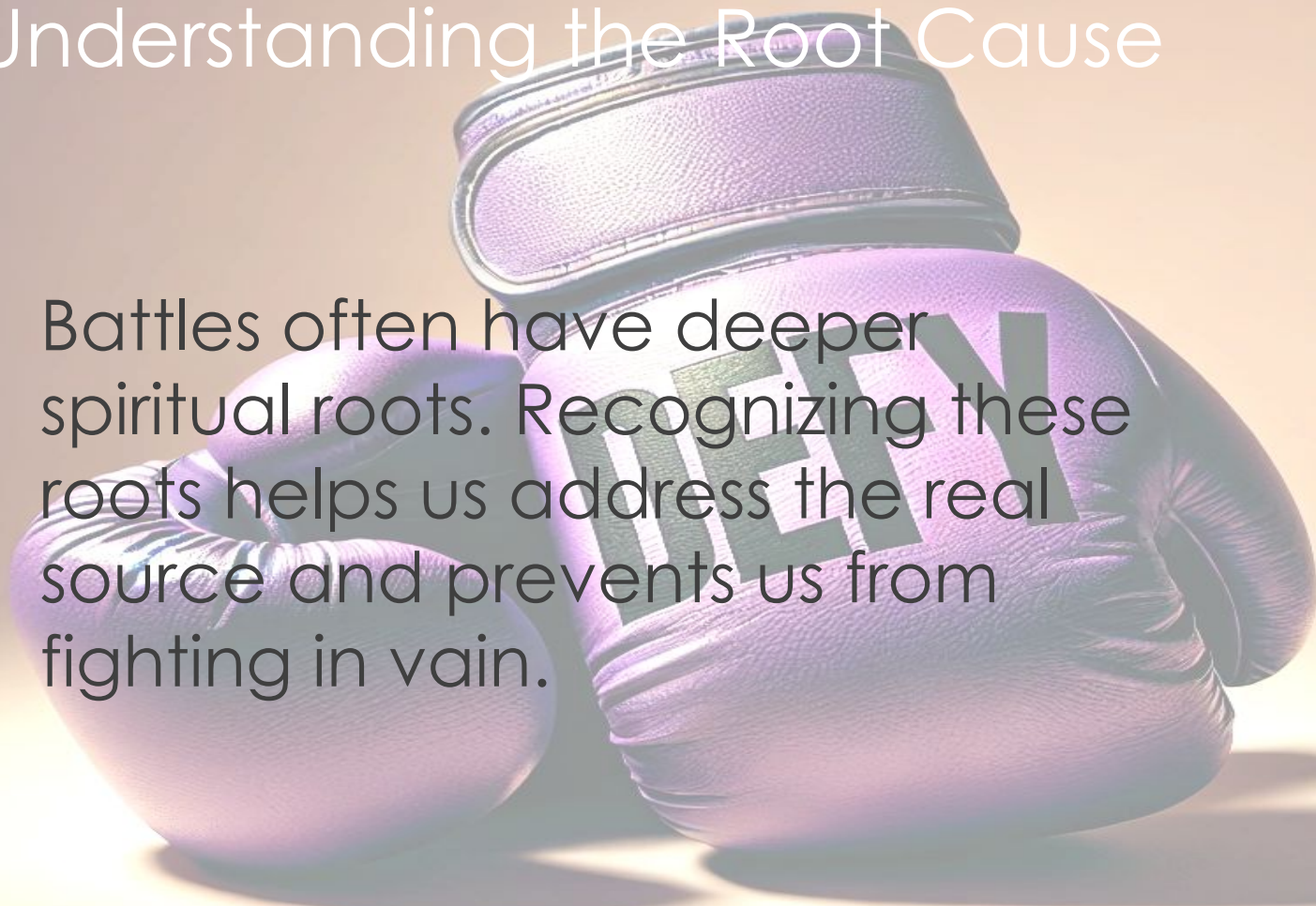
Tools for the Fight

- ▶ In life's battles, we need spiritual tools like prayer, worship, and the Word of God. These tools equip us to stand strong and overcome.
- ▶ “And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.” - Revelation 12:11



Understanding the Root Cause

- ▶ Battles often have deeper spiritual roots. Recognizing these roots helps us address the real source and prevents us from fighting in vain.



Conclusion: Standing Strong in God's Power

- ▶ Trust in God's strength to carry you through. Remember, understanding your battles and relying on Him allows you to fight with purpose and resilience.



Conclusion: Standing Strong in God's Power

- ▶ Trust in God's strength to carry you through. Remember, understanding your battles and relying on Him allows you to fight with purpose and resilience.
- ▶ “You ask and receive not, because you ask amiss, that you may spend it upon your lusts.” - James 4:3

